

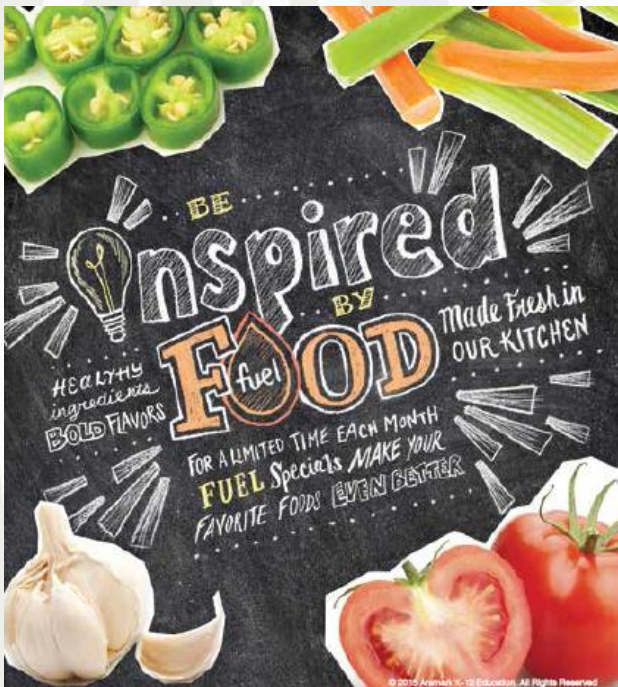
FUEL UP

with Monthly Meal Specials!

Coming October 12 - 23

Monthly Meal Specials

Aramark Education's nationally recognized wellness promotions are designed to introduce new menu items, combat menu fatigue, and encourage healthy choices among students. FUEL, our monthly meal promotion, provides on-trend entrees to our secondary students while complying with the USDA's National School Lunch regulations. These options are typically offered during the second and third weeks of the month and will be preceded by sampling events to encourage students to try something new. Check it out!



ONLY here → OCT 12-23

LET THE Good Times ROLL

Spicy BBQ CHICKEN Rolletto... WITH cheese, ONIONS, BLACK BEANS, CORN & JALAPEÑOS

ALL-AMERICAN Rolletto... WITH GROUND BEEF, pickles & sautéed onions, KETCHUP & cheese

<u>BBQ Chicken Rolletto</u>	
Calories:	338
Total Fat:	14.87 g
Sodium:	740.87 g
Carbs:	32.65 g
Sugars:	5.87 g
Protein:	17.14 g

<u>All American Rolletto</u>	
Calories:	348
Total Fat:	12.69 g
Sodium:	646.53 g
Carbs:	37.89 g
Sugars:	8.04 g
Protein:	19.9 g

FUEL YOUR MIND + DAY BODY

Feedback!

We want to hear from you! Please contact your district food service office with comments and feedback about your school's meal program.

James McMahon at 815-622-4153.

Aramark is committed to nourishing and enriching lives in Sterling, Illinois